

MASSAGE

Therapeutic Massage

30 min \$65 | 60 min \$95 | 90 min \$140 | 120 min \$185

A combination of techniques customized to provide relaxation, ease muscle fatigue and increase your circulation. Organic sunflower oil is used in all our massages and body treatments.

Deep Tissue Massage

30 min \$65 | 60 min \$95 | 90 min \$140 | 120 min \$185

You'll enjoy this deeper pressure, muscle specific massage that helps relieve chronic and acute pain, muscle spasms and overuse injuries. Great for tense muscles such as a stiff neck or low back pain.

Prenatal Massage

30 min \$65 | 60 min \$95 | 90 min \$140 | 120 min \$185

A certified therapist trained in prenatal massage to help you and your baby relax. Face down belly pillows available upon request.

Ayurveda Massage

30 min \$65 | 60 min \$95 | 90 min \$140

A nurturing Ayurveda massage based on the principles of warm oil, heat and friction to release built up toxins in your joints and muscles.

Hot Stone Massage

30 min \$80 | 60 min \$110 | 90 min \$155 | 120 min \$200

Smooth heated stones from the shores of Lake Tahoe are used to warm your muscles and melt away stress. This amazing treatment promotes deep relaxation and warms your soul.

Couples Massage (for two)

30 min \$150 | 60 min \$210 | 90 min \$300 | 120 min \$390

Share a room and a Tahoe massage experience with your husband/wife, girlfriend/boyfriend, mother/daughter or best friend. You'll enjoy your massages together in the same room by two professional therapists.



LIGHTHOUSE SPA

Massage & Skin Care



SKIN CARE & FACIALS

A Refreshing Facial

30 min \$70

This cleansing facial increases your circulation and offers your skin a refreshing boost. Enjoy it as a great introduction to facials or quick pick-me-up. Extractions not included.

Clear Start Facial

45 min \$90

A focused cleansing facial with extractions and is especially fit for teens and those needing a little bit more clarity.

Spa Classic Facial

60 min \$110

A custom facial filled with lots of multi-vitamins to replenish your face, neck and décolleté. A nice balance of cleansing, nourishing and relaxing.

Tahoe Anti-Aging Facial

90 min \$165

We give a lot more attention to your skin's vitality, elasticity and specific areas of concern using the advanced BT-Micro ultrasonic technology for an ultrasonic peel and serum penetration...giving you the smooth freshness you're looking for.

BODY TREATMENTS

All-Natural Face Massage

30 min \$65

A relaxing Ayurveda face massage using organic rose neroli jojoba oil. You'll enjoy warm towels, a pressure relieving face, neck and scalp massage and uplifting techniques using the GuaSha healing tool and Ayurved Kansa wand from India. This special treatment is a very refreshing mind clearing experience.



Warm Aromatherapy Body Wrap

30 min \$65

You'll be massaged with aromatherapy infused oils and cocooned in warm blankets to help open your pores for maximum essential oil healing and moisturizing benefits. Choose between Balancing, Detox or Therapeutic Sports blends.

Sole Healing Foot Massage

30 min \$65

Enjoy the healing touch of a eucalyptus foot massage with reflexology and warm towels wrapped around those tired tips and toes! You'll feel like walking on water after this treatment!



SPA PACKAGES

Hiker's Paradise

90 min \$160

Massage and Sole Healing Foot Massage

Massage & Facial Combo

60 min \$135

90 min \$165-\$175

120 min \$205

Bliss Therapy

2 hrs \$225

Massage, Warm Aromatherapy Body Wrap and All Natural Face Massage

Sweetheart Treat

90 min \$160

Massage and All Natural Face Massage

Essential Extremities

90 min \$175

Classic Spa Facial and Aromatherapy Body Wrap

Winter Wonderland

90 min \$175

Hot Stone Massage and Aromatherapy Body Wrap

Renewal Spa Day

3 hrs \$335

Massage, Aromatherapy Body Wrap, Classic Spa Facial and Hand & Foot Moisture Treatment

Tahoe Getaway (for two)

2 hrs \$430

Couple's Massage and All Natural Face Massage

Group Discounts

Planning a retreat, family reunion or bachelorette party? We would love to be a part of your groups wellness experience in North Lake Tahoe. Groups of 10 or more each receive a \$10 discount. Please call or email for additional pricing for larger groups, hourly massage stations or special events.